



# Wellness Rewired:

High Tech Meets High Touch



## Powerful Reach, Meaningful Outcomes

Ramp Health's solutions are informed by data and powered by human interaction, which delivers exceptional results. We track, collect, and report both engagement and health risk reduction outcomes as critical metrics to assess the success of a population health improvement program.



20 years' experience deploying nationwide



86% participant engagement



4x return on investment



90% client retention



## **Impactful Providers and Personalized Approach**

**For 20 years,** we have delivered exceptional outcomes through our comprehensive services. All our services are administered by impactful providers, designed with clinical rigor, and amplified through our proprietary, next-generation digital health platform.

## Why Ramp Health

Single Source Provider

Configurable Solutions

Scale and Experience

Operational Discipline

Information Security

Clinical Excellence

Our members use a personalized interactive platform. It updates in real-time with their risk assessment, biometrics, and goals. Because of this, we achieve an 86% engagement rate among our participants.

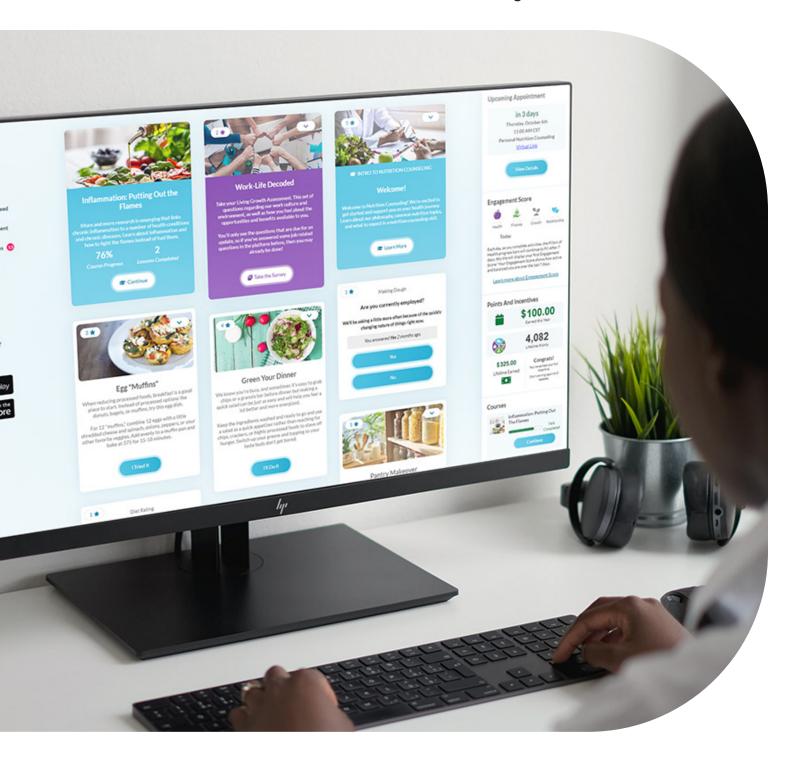
Our services are not outsourced, and the entire individual member's preventative healthcare continuum is managed by Ramp Health employees.



## Digital Health Platform

Ramp Health's platform is an easy-to-use, engaging platform that allows participants to connect via desktop or via native iOS/Android mobile application to receive a unique and personalized wellness experience.

We focus on the participant experience first, allowing them to engage in their wellbeing in ways that are most impactful to them while driving them to resources based on their needs, interests, identified health risks, and benefits offerings.





#### **Proprietary Technology That Drives Results**

Our patented personalization and rules engine utilizes 3,500+ algorithms and machine learning to deliver tailored content to each participant. This allows us to have a more direct impact on participants' wellbeing journeys and consequently better connect them to the care they need for improved outcomes. No other platform provides the same level of personalized content.



#### **Best-In-Class User Experience**

Data from wearable devices, biometric screenings, assessments, and coaching, nutrition, and chronic condition consults come together to enhance the participant profile, so all their data is in one place, giving them a complete snapshot of their current health status facilitating the individual's health and wellbeing journey.



#### **Insights Into What Matters Most**

Using our patented algorithms to continuously measure and assess participants, we can identify their risks, such as chronic diseases and physical activity, as well as their concerns relating to biometrics, mental health, and nutrition.



#### **Activities & Challenges**

The Ramp Health platform is built on a robust administrative content management system that allows us to create highly engaging challenges that are differentiated from other programs because they are personalized, configurable, and meaningful to each participant.



#### Configurability

The Ramp Health platform is highly configurable, allowing you to select which features are enabled, design and select incentives, and choose what content may be available to participants. These features can be unique to different segments of your population.



#### **Incentives**

Wellness incentives are a cornerstone to helping participants adopt and maintain healthy behaviors. Ramp Health offers a robust incentive and incentive management system. Our toolset allows us to create incentive programs to client specifications and deploy them in a variety of ways (e.g., different incentives depending on plan enrollment or types of incentive). We can even run parallel incentive programs targeted for specific activity completion.



#### **Available Languages**

Ramp Health's digital health platform is capable of supporting up to 75 languages.

### **Clinical Services**

#### Ramp Health does not outsource our on-site clinical capabilities

Our in-house team has developed a nationwide network of 25,000 experienced, credentialed healthcare professionals that are trained to follow strict clinical standards and protocols. Our staff can be quickly deployed to virtually any location in the U.S. in as little as 48 hours.

#### **Flu Shot Clinics**

Whether in the office or working remotely, your hybrid workforce needs convenient access to vaccines to stay healthy, safe, and productive. The expert on-site vaccination team at Ramp Health, is a nationwide leader of rapidly deployed flu clinics and can turn around a clinic in as little as two weeks.







#### Our on-site vaccine experts can reach everyone, everywhere with ease.

We provide a scheduling tool, marketing material, program management, and all resources required for your unique vaccination clinic.

Our flexibility allows for a custom approach to your indoor, outdoor, or mobile clinic(s). Our voucher program with Walgreens makes it possible to include eligible family members and remote employees. Consistency and flawless execution is our passion.

#### **Health Screenings**

Health Screenings lay the foundation of what we do. The screenings capture bloodwork, blood pressure, body composition, and other metrics to establish a baseline health assessment and evaluate risks for a variety of health issues, many of which can be prevented through early detection and lifestyle changes. They also allow us to measure progress by comparing screening data over time.

#### Not just a screening, it's an experience

Data from screenings are captured in our digital platform. Data can also be captured and shared with existing health platforms or other 3rd parties.

Information is also available to our Wellness Coaches, Registered Dietitians, and clinical staff to develop coaching and clinical wellness plans for each participant, refine the overall design of the program, and inform clients on the overall health status of their populations.



#### Mental Health

Providing high-quality mental health services for your employees and their family is easier than you might think. We provide participants with access to Mental Health First Aid (MHFA) certified healthcare professionals and licensed behavioral health counselors, on-site, from the comfort of home, or on the go so they can get the help they need when they need it.

#### **Mental Health Services**

Used when a participant's concern requires a higher level of clinical care. Most of the time these referrals are generated by our MHFA certified professionals.

Participants can schedule counseling appointments of 30 to 60 minutes, either on-site, via video or by phone call. Our counselors work with each individual to create a tailored treatment plan best suited to their needs and frequency of care.

#### Services support a broad range of issues including:

Substance abuse Stress Anxiety Depression Sleep issues Work/life balance Family conflict Parenting concerns, adjustment challenges, and learning difficuties

## **Wellbeing Services**

For 20 years, we have delivered exceptional outcomes through our comprehensive services. All our services are administered by impactful providers, designed with clinical rigor.

Our wellness coaching and nutrition programs are designed to help participants achieve lasting lifestyle changes in the areas of:

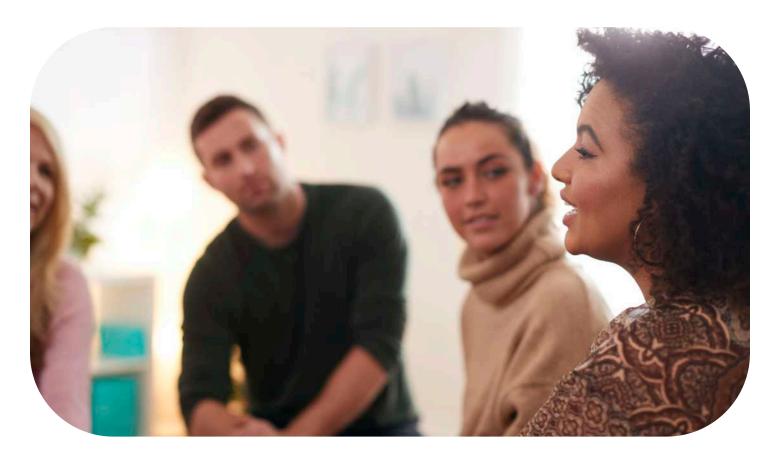
Weight and stress management Nutrition Physical activity

Tobacco cessation Work/life balance Worker compensation claim prevention

All sessions are entirely confidential and provided by our certified Healthcare Professionals.

Whether it's virtual or in-person, participants get unlimited visits based on their unique circumstances.

This tailored approach meets participants where they are, helps them gain new skills, and creates actionable goals that move them closer to their highest wellbeing.



Our customized and integrated health services are administered by experienced:

- > Wellness Coaches
- > Registered Dietitians
- > Certified Diabetes Specialists
- > Clinical Care Providers



Each develops personalized health and wellness programs that foster industry-leading adherence and engagement.

Our Coaches have the educational background, experience, and training to engage and inspire individuals to thrive at work and at home. They are Allied Health professionals with at least a 4-year bachelor's degree in one of the following:

**Certified Athletic Training** 

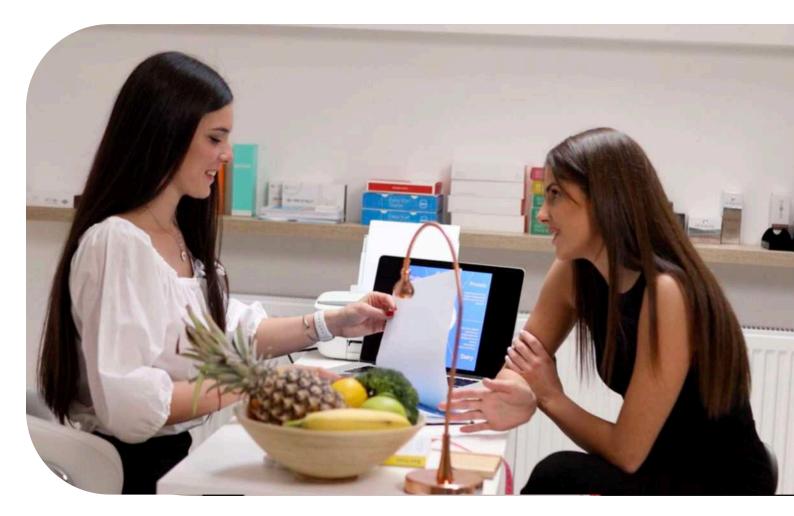
**Exercise Sport Science** 

**Health Promotion** 

**Health Psychology** 

**Nutrition and Dietetics** 

Many of our Healthcare Professionals have an advanced degree or specialized certification in their field including Health and Wellness Coaching, Health Education, Athletic Training, and Strength and Conditioning.



All our Healthcare Professionals are Mental Health First Aid certified to allow them to identify mental health and substance use crisis and connect individuals to care quickly and effectively.

Our Wellness Coaches and Registered Dietitians participate in our robust in-house training program that encompasses mandatory HIPAA compliance, scope of practice, and on-going skill-building curriculum in evidence-based behavior change methodologies.

## Reporting



The Ramp Health platform offers extensive, real-time reporting capabilities via our online administrative console and Population Research Tool. Access can be role based, which allows you to determine who has access to the Ramp Health Population Research Tool and administrative console functionality.

Pulling third party data into the platform is a breeze. Available reports include engagement metrics, top health risks, top trends, and demographic information. We also supply monthly, quarterly, and biannual reports that detail all aspects of a program including incentive, engagement, biometrics, or other program activity.

In addition to supplying a basic reporting dashboard for visibility, the Population Research Tool allows you to build custom reports that filter aggregate data, analyze correlations, and make population comparisons. Ramp Health will aid in the creation of custom reports as part of our service. The Population Research Tool offers insight into biometric results, custom ranges or risk profiles, health risk assessment (HRA) results, and predictive health metrics, which will support data-driven decision-making needed to create a culture that supports and encourages healthy lifestyles.

### **Operational Support**

With 90% client retention and mass deployment of multiple digital, clinical, and coaching services Ramp Health's operations team is market leading with an average 4.8 stars out of 5.

1,000+

employer locations serviced

7,000,000+

coaching sessions conducted

10,000+

health clinics delivered

2,000,000+

health screenings completed

3,000,000+

tests administered 1,000,000+

flu and COVID-19 vaccinations performed













































## To learn more visit RampHealth.com

