



Weight Management

Our insurance approved Weight Management program is delivered by our team of Licensed Registered Dietitians who deliver evidence-based, personalized solutions for individuals struggling with their weight. Through dietary changes, lifestyle modification, and mental health support our Weight Management program has proven results.



Service Overview



Trusted Providers

- Credentialed and Licensed
- Mental Health First Aid Certified
- Ongoing Diversity training



Weight Management

- Seminars, Cooking Classes, and Support Groups
- GLP-1 and Medication Support
- Insurance approved Weight Management Program



Chronic Condition Management

- Diabetes
- Cardiovascular disease
- Metabolic syndrome

Why is it Important?

A recent case study of 135,000 self-insured companies by a national consulting firm, found that there was a 5.2% increase in total medical spend because of GLP-1 medications.*

Why Choose Ramp Health?

- Licensed Dietitians in 48 states
- 22 years of experience
- Technology driven support
- Certified Specialists in Adult Weight Management and Certified Diabetes Care and Education Specialists



SCAN ME

Learn more about Ramp Health



Weight Management

Registered Dietitians are recognized as the most qualified food and nutrition experts by the National Academy of Medicine.

We Drive Health Outcomes*



76%

BMI improvement across our book of business



10%

Average mean weight loss



2.9

Average drop in A1C



5mmHg

Average drop in systolic and diastolic blood pressure

+Source: Ramp Health Outcomes Report

Trusted Service Partner

- Detailed annual service plan
- Monthly promotional materials
- 30 or 60 minute appointments
- Virtual or on-site support
- Detailed engagement and outcomes reporting
- Scheduling via the platform or app

Connect your population with our Registered Dietitians today.

Contact



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